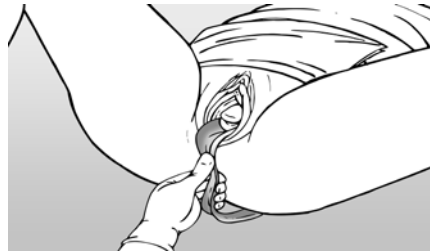


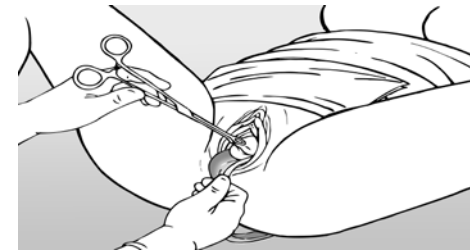
INSERTION STEPS FOR POST PLACENTAL IUD



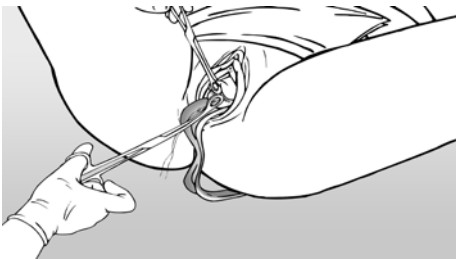
1. Using fresh sterile gloves, remove IUD from package and grasp with forceps at an angle.*



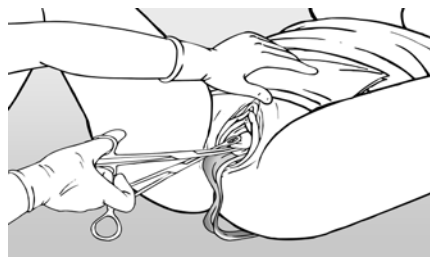
2. Visualize cervix using retractor.



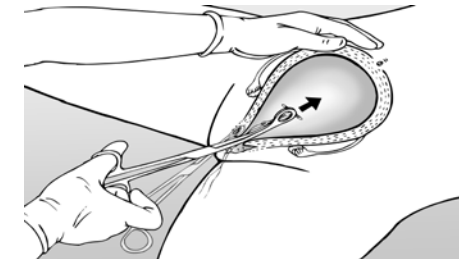
3. Grasp anterior lip of cervix with forceps.



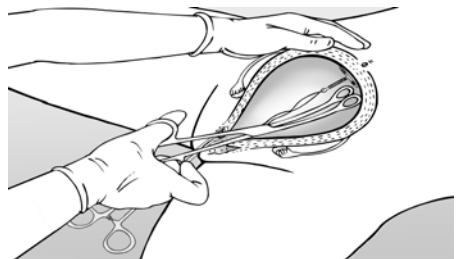
4. Insert forceps with IUD through cervix to lower uterine cavity. Avoid touching vagina.



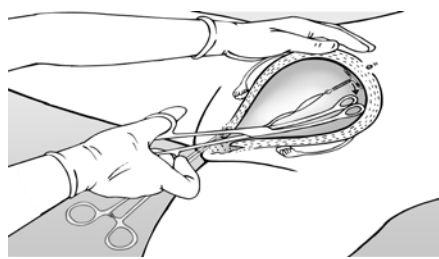
5. Gently elevate uterus using base of hand against lower segment of uterus.



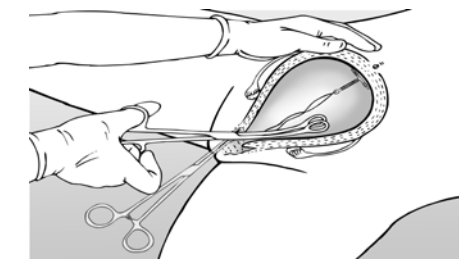
6. Move IUD + forceps upward to uterine fundus. Follow angle and contour of uterine cavity.



7. Open forceps and release IUD at fundus.**



8. Sweep forceps to side wall of uterus.



9. Slowly remove forceps—keep open until they are out.

*If using Levonorgestrel IUS, cut strings to 10cm before grasping with forceps.

**Consider using an ultrasound to confirm fundal placement.